

## My Rx Choices

Patient: JOHN Q. SAMPLE (05/05/1975)

Page #1

Printed on: 12/13/2007

Member ID: JA4RC16P

Group #: UTSYSRX

### This kit includes:

1. A list of the lower-cost alternatives that you need to discuss with your doctor before these requests can be fulfilled.
2. A fax form and instructions for your doctor to use when requesting medications through Medco By Mail.

### Your next steps:

1. Print this kit and contact your doctor to discuss the lower-cost alternatives listed below.
2. To receive prescriptions through the mail for these lower-cost alternatives, ask your doctor to complete and fax the prescription order form including a new prescription for each medication requested. Ensure that all prescriptions are written for up to a 90-day supply, plus refills for up to one year (as appropriate). Make sure you have a two-week supply of medication on hand. If not, ask your doctor for a 14-day prescription that you can fill at a participating retail pharmacy while you wait for your mail-order prescription to arrive.
3. To pick up prescriptions at a participating retail pharmacy for these lower-cost alternatives, your doctor may call the pharmacy on your behalf or write new prescriptions for you to take to the pharmacy.

## YOU must contact your doctor directly to seek approval for these medications:

Follow the instructions outlined in the "next steps" section of the cover sheet of this kit to work with your doctor to obtain a new prescription for each lower-cost alternative requested. Once your doctor approves the request, he/she may fax the prescription(s) to Medco's mail order pharmacy where the prescription(s) will be filled and shipped. You will be notified via e-mail about the status of prescriptions you chose to fill through Medco's mail order pharmacy. You can also check order status online any time after your prescription is received by one of Medco's mail order pharmacies.

If you chose to receive your medication from a participating retail pharmacy, your doctor may call the pharmacy on your behalf or your doctor may write a new prescription(s) for you to take to the pharmacy.

Lower-cost choice	You pay	Annual savings	Current prescription
<b>fluticasone</b> 50 MCG Nasal Spray Via Medco By Mail <b>JOHN</b> (D.O.B. 05/05/1995)	<b>\$80.00</b> per year	<b>\$280.00</b> per year	<b>Nasonex Scent Free Ns Spr 17g</b> 50mcg Spray Via HEB PHARMACY #580 pharmacy

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**Note to doctor:** Medco would like to support your efforts to keep your patients healthy while helping to keep their prescription costs more affordable by providing patient-specific benefit information for potential alternatives to their current prescription. We recognize that these alternatives may not be appropriate for every patient and your knowledge of patient-specific clinical information is critical to your prescribing decisions. With that in mind, we hope this information helps support your decision in selecting safe, effective medications at a cost that's most affordable for your patients.

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Page #3

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Medication	Pharmacy and days' supply	You pay	Annual cost	Annual savings
<b>CURRENT MEDICATION</b>				
<b>Nasonex Scent Free Ns Spr 17g</b> (mometasone) Strength: 50mcg Spray Dosage: 4 Sprays (N), once a day Coverage rules may apply.	<b>Retail</b> 30-days' supply	<b>\$30.00</b> for 30 days	<b>\$360.00</b> per year	
<b>LOWEST COST ALTERNATIVE</b>				
<b>fluticasone</b> (generic alternative) Strength: 50 MCG Nasal Spray Dosage: 4 Sprays (N), once a day Coverage rules may apply.	<b>Mail</b> 90-days' supply 	<b>\$20.00</b> for 90 days	<b>\$80.00</b> per year	<b>SAVE</b> <b>\$280.00</b>
<b>LOWEST COST ALTERNATIVE</b>				
<b>flunisolide</b> (generic alternative) Strength: 25 MCG Nasal Spray Dosage: 4 Sprays (N), 2 times a day Coverage rules may apply.	<b>Mail</b> 90-days' supply 	<b>\$20.00</b> for 90 days	<b>\$80.00</b> per year	<b>SAVE</b> <b>\$280.00</b>
<b>OTHER SAVINGS ALTERNATIVES</b>				
<b>Nasarel</b> (brand) Strength: 29 MCG Nasal Spray Dosage: 4 Sprays (N), 2 times a day Coverage rules may apply.	<b>Mail</b> 90-days' supply 	<b>\$28.81</b> for 90 days	<b>\$115.24</b> per year	<b>SAVE</b> <b>\$244.76</b>
<b>fluticasone</b> (generic alternative) Strength: 50 MCG Nasal Spray Dosage: 4 Sprays (N), once a day Coverage rules may apply.	<b>Retail</b> 30-days' supply	<b>\$10.00</b> for 30 days	<b>\$120.00</b> per year	<b>SAVE</b> <b>\$240.00</b>
<b>flunisolide</b> (generic alternative) Strength: 25 MCG Nasal Spray Dosage: 4 Sprays (N), 2 times a day Coverage rules may apply.	<b>Retail</b> 30-days' supply	<b>\$10.00</b> for 30 days	<b>\$120.00</b> per year	<b>SAVE</b> <b>\$240.00</b>

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Page #4

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<p><b>Nasarel</b> (brand) Strength: 29 MCG Nasal Spray Dosage:4 Sprays (N), 2 times a day Coverage rules may apply.</p>	<p><b>Retail</b> 30-days' supply</p>	<p><b>\$19.53</b> for 30 days</p>	<p><b>\$234.36</b> per year</p>	<p><b>SAVE</b> \$125.64</p>
<p><b>Nasonex</b> (brand) Strength: 50mcg Spray Dosage:4 Sprays (N), once a day Coverage rules may apply.</p>	<p><b>Mail</b> 90-days' supply</p> 	<p><b>\$75.00</b> for 90 days</p>	<p><b>\$300.00</b> per year</p>	<p><b>SAVE</b> \$60.00</p>
<p><b>Nasacort AQ</b> (brand) Strength: 55 MCG Nasal Spray Dosage:4 Sprays (N), once a day Coverage rules may apply.</p>	<p><b>Mail</b> 90-days' supply</p> 	<p><b>\$75.00</b> for 90 days</p>	<p><b>\$300.00</b> per year</p>	<p><b>SAVE</b> \$60.00</p>
<p><b>Rhinocort Aqua</b> (brand) Strength: 32 MCG Nasal Spray Dosage:4 Sprays (N), once a day Coverage rules may apply.</p>	<p><b>Mail</b> 90-days' supply</p> 	<p><b>\$75.00</b> for 90 days</p>	<p><b>\$300.00</b> per year</p>	<p><b>SAVE</b> \$60.00</p>

In some instances, the plan cost that is displayed for formulary drugs may appear higher than the cost for non formulary drugs. The cost that is displayed, however, does not include any additional discount or other incentives your plan may receive from your use of this medication. The cost your plan pays is an approximation and is subject to change.

\*Savings amounts may vary based on drug prices, prescription programs effect at the time of the savings calculation, applicable law or pharmacist's judgment. Sales tax, where applicable, is not included. Only our best savings alternatives are shown. All the drug alternatives shown may not meet with your doctor's approval and not all have been reviewed by Medco's independent Pharmacy and Therapeutics Committee. Medco can earn rebates on some drugs which may be shared with plan sponsors. No prescription change is made without a doctor's authorization.



## Print Complete

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Be sure to check My Rx Choices online from time to time to see if other lower-cost medication alternatives may be available.