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**Featured Articles**

**What to Expect At Your Eye Exam**

No need for fear! Eye exams are painless (and often fun). Find out what goes on here.

**Preparing for Your Eye Exam**

Want a better experience at your next eye exam? Follow these tips to prepare for your exam and help your eye doctor give you the best possible care.

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**Vision Care Links**

- Prevent Blindness America [www.preventblindness.org](http://www.preventblindness.org)
- National Association of Vision Care Plans [www.navcp.org/](http://www.navcp.org/)

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