

Weight Watchers® At Work Commonly Asked Questions



What happens if I can't make the scheduled meeting At Work?

*If you are absent or unable to get away from your desk, you may attend any other Weight Watchers meeting of your choice **that week**. Another great benefit of the Weight Watchers Program is that you may also attend as many additional meetings as you'd like - just be sure to bring your At Work Membership Book!*

I am currently attending a Traditional meeting - may I transfer into The At Work Program?

Yes. Bring your payment for the full cost of the series to your company contact as soon as possible. Also, please bring your current Membership Book to the first meeting so we can record your Membership # and weight loss progress. There is no registration fee.

I bought prepayment coupons at a Traditional Meeting - can I use these in The At Work meetings?

Yes, you may apply your Traditional Meeting pre-payment coupons for one series only and you must pay the rate difference. At the first meeting you will need to turn in one coupon for each week of the series and the payment for the difference. If you do not have enough coupons to cover the full series, you will need to pay the balance on week one using a check, cash, or credit card.

I am a Lifetime Member; may I join The At Work Program?

Absolutely...your series fee is determined as follows:

If you are within 2 pounds of your goal, you weigh in for free, but do not count towards your group's membership minimum.

If you are 3-7 pounds over your goal, you pay weekly until you are back to goal weight. You do not count towards your group's membership minimum.

If you are more than 7 pounds over your goal, you pay for the entire series. If you reach your goal weight before the series is completed, you are entitled to a pro-rated refund for the remaining weeks in the series. You do not need to repeat the maintenance program and you will count towards your group's membership minimum.

What is the refund policy?

The At Work Program is a prepaid, non-refundable program. Refunds are given only for medical reasons (with a doctor's note), or if you leave the company