# Vision Wellness Program Superior Vision's SmartAlert



#### Overview

Vision exams can play an important role in the accurate diagnosis and monitoring of conditions which may impact your total wellness or larger health issues. Superior Vision's SmartAlert provides an easy way to foster communication between you, your Superior Vision eye care provider, and your primary care physician or specialist. It provides a means of sharing the findings of your eye exam, at your discretion, and empowers you to take an active roles in your health.

#### An Ounce of Prevention

Vision doctors within Superior Vision's network know how to identify signs and symptoms of eye and vision disorders, along with medical conditions and general health issues which may affect your vision.

These may include diabetic retinopathy, cataracts, diseases of the cornea, glaucoma, macular degeneration, and other infections or retinal disorders. Since early detection and treatment can dramatically affect the lifelong impact of certain serious conditions, SmartAlert empowers you to help your doctors work together to help you achieve your total wellness goals.

#### **Your Part**

SmartAlert includes a valuable member tool to help you prepare and share information about your lifestyle and environment with your eye care provider. The My Vision Lifestyle Update form is located in the member portal of our website at SuperiorVision.com. We encourage you to print a copy of the form, review and answer the questions carefully, and share with your provider at your next eye exam.

## Your Superior Vision Provider's Part

You may ask your eye care provider to complete a SmartAlert Provider Communication form that outlines and summarizes the findings of your eye exam, particularly related to overall wellness issues. Your medical health plan provider (primary care or specialist) may find this useful in your care. This form is available in both the member and provider portals on the Superior Vision website.

## Confidentiality

The sharing of confidential information fully complies with HIPAA guidelines as both elements of the program are voluntary by you and your Superior Vision provider. We recommend that you keep copies of the completed SmartAlert communication forms for your personal health records.

### No Enrollment Fee

Our SmartAlert program is offered at no cost to Superior Vision members. No enrollment is required – all necessary forms are available to our members and in-network providers via our secure Web portals.

To learn more about vision disorders, treatments, and information about maintaining healthy vision, we invite you to visit our Vision Care Learning Center at SuperiorVision.com.

