Make Your Fitness Program Membership Work for You

The Fitness Program gives you flexible options to help you live a healthy lifestyle.

Since you are a Blue Cross and Blue Shield of Texas (BCBSTX) member, the Fitness Program is available exclusively to you and your covered dependents (age 16 and older).* The program gives you access to a nationwide network of fitness locations. Choose one location close to home and one near work, or visit locations while traveling.

Other program perks include:

- **Flexible Gym Network**: A choice of gym networks to fit your budget and preferences.**
  
<table>
<thead>
<tr>
<th>Options</th>
<th>Digital Only</th>
<th>Base</th>
<th>Core</th>
<th>Power</th>
<th>Elite</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monthly Fee</td>
<td>$10</td>
<td>$19</td>
<td>$29</td>
<td>$39</td>
<td>$99</td>
</tr>
<tr>
<td>Gym Facility Network Size†</td>
<td>Digital Access Only</td>
<td>3,000</td>
<td>7,500</td>
<td>12,000</td>
<td>12,400</td>
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<tr>
<td><strong>$19 Initiation Fee (No initiation fee for Digital Only Option)</strong></td>
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- **Studio Class Network**: Boutique-style classes and specialty gyms with pay-as-you-go option and 30% off every 10th class.
- **Family Friendly**: Expands gym network access to your covered dependents at a bundled price discount.
- **Convenient Payment**: Monthly fees are paid via automatic credit card or bank account withdrawals.

† Represents possible network locations. Check local listings for exact network options as some locations may not participate. Network locations are subject to change without notice.
Individuals must be 18 years old to purchase a membership. Dependents, 16-17 years old, can join but must be accompanied to the location by a parent/guardian who is also a Fitness Program member. Check your preferred location to see their membership age policy. Underage dependents can login and join through the primary member’s account as an “additional member.”

**Taxes may apply. Individuals must be at least 18 years old to purchase a membership.

The Fitness Program is provided by Tivity Health™, an independent contractor that administers the Prime Network of fitness locations. The Prime Network is made up of independently owned and operated fitness locations.

The WholeHealth Living Choices program is administered by Tivity Health™ Services, LLC. This is NOT insurance. Some of the services offered through this program may be covered by a health plan. The relationship between these vendors and Blue Cross and Blue Shield of Texas is that of independent contractors.

Find fitness buddies, take a digital class and try something new! Join the Fitness Program today to help you reach your health and wellness goals.

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BCBSTX makes no endorsement, representations or warranties regarding third-party vendors and the products and services offered by them.

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