BlueCross BlueShield of Texas

UT SELECT

Livongo[®]

The Simpler Way To A Healthier You

An advanced blood glucose meter and blood pressure monitor, plus the support you need, 100% paid for by your employer.



Join Livongo and you'll get:



Advanced devices to monitor your blood pressure and blood sugar



Automatic uploads mean no more logbooks



Real-time support from coaches when you need it



Summary reports you can send your doctor



Personalized tips and articles picked just for you



- - **Optional family** alerts to keep everyone in the loop



Unlimited strips. Unlimited inspiration. It's all free for you.

Join today at get.livongo.com/UTS or call (800) 945-4355 Use registration code: UTS

We offer the Livongo program to members and their covered dependents enrolled in the UT SELECT health plan

Programs include trends and support on your secure Livongo account and mobile app but does not include a phone or tablet. You must have an iPhone or Android smartphone and install the Livongo app to participate in the Livongo for Hypertension Program

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