



The University of Texas System

RETIRED EMPLOYEE

BENEFITS HIGHLIGHTS
2025 - 2026

MEDICAL

PRESCRIPTION

DENTAL

VISION

LIFE

Key Dates for Annual Enrollment | 2025-2026

Review by July 15

- ☐ **Online Annual Enrollment (AE) Resources** – including the newsletter
- ☐ **Your Current UT Benefits** – review your existing coverage
- ☐ **UT Benefits 2025-2026 Options** – explore what's new
- ☐ **UT SELECT™ Medical PPO Plan** – including UT Tier changes
- ☐ **UT CARE™ Medicare PPO Plan**
- ☐ **NEW! UT SELECT Concierge**
- ☐ **Dependent Eligibility Requirements** – ensure your dependents qualify
- ☐ **Beneficiary Designations** – update for Life coverage if needed
- ☐ **In person/Virtual Fairs** – may be offered at some institutions.

Monitor your email carefully for any announcements!

Make Elections July 15–July 31

Log into **My UT Benefits** and complete the following:

- ☐ Declare **tobacco user or non-user** status
- ☐ **Add / Drop / Waive** coverage
- ☐ **Add / Remove Dependents**
- ☐ Register for the **UT Living Well platform**, powered by Limeade
- ☐ **Review your future benefits** within **My UT Benefits** immediately after making your election

Follow up by August 15

- ☐ Review your **Confirmation Statement**
- ☐ Upload **dependent / coverage documents** (if required)
- ☐ Submit **Evidence of Insurability (EOI)** (if required)
- ☐ Submit **Evidence of Waiver (EOW)** (if enrolling in Premium Sharing Credit)

New Plan Year Begins September 1*

*For UT CARE, the new plan year begins on January 1.



UT SELECT Concierge

As a special benefit, you have access to a UT SELECT Concierge — **at no added cost to you.**

Your **UT SELECT Concierge** works with and for you — to remove barriers and cut through red tape in the health care system, so you and your family can get the care you need.

UT SELECT Concierges can:

- Guide you through a **new diagnosis**
- **Find a doctor or specialist** and get you an appointment
- **Connect with mental health experts** to manage stress, depression, substance misuse or other mental health issues
- Answer benefit questions or **solve a problem with a claim or a bill**



What's new for 2025-2026

UT SELECT™ Benefits Changes – Effective September 1, 2025

Reduced Specialist Copays for Therapy

UT SELECT: \$40

UT Health Tier: \$30

Applies to physical, speech, and occupational therapy.

Airrosti Remote Recovery

New **\$20 copay** for virtual patient-focused muscle and joint pain treatment.

Coinsurance Out-of-Pocket Maximum

Increased to **\$5,000** per individual (previously \$3,500), and **\$15,000** per family (previously \$10,500).

UT Health Network

NEW! UT Health San Antonio Multispecialty and Research Hospital joins the UT Health Network.

Hinge Health Program

Will be **phased out by August 31, 2025**.

IMPORTANT

If you take no action, your current coverage will continue for September 1, 2025.

EXPECT NEW ID

CARDS FOR UT SELECT MEDICAL AND ANY NEW PLANS ELECTED

KEEP ID CARDS FOR PLANS THAT DID NOT CHANGE

UT CARE™ Medicare PPO

For Medicare-eligible retirees and their dependents

- **No action is required** if you're already enrolled — your coverage will automatically continue.
- **Automatic enrollment** applies to all Medicare-eligible retirees and dependents.
- You **must be enrolled in both Medicare Part A and Part B** to participate.
- During **Annual Enrollment**, you may add Medicare-eligible dependents to your UT CARE plan.
- A **UT CARE enrollment period** will be held in November for the January 1 start of the new Medicare plan year.

Living Well Platform powered by Limeade

Register for Limeade ONE

Our well-being and engagement program designed to help you live your best life. Achieve your physical, emotional, financial, and work well-being goals with personalized activities. When you participate in activities, you'll earn points toward recognition all while achieving your best self.

Visit ut.limeade.com to register



Retiree Premium Rates for 2025-2026

See the OEB Annual Enrollment (AE) newsletter for information on the UT Benefits program.

UT SELECT Medical	\$0 <i>no change</i>	\$362.82 \$26.88 <i>increase ▲</i>	\$379.46 \$28.10 <i>increase ▲</i>	\$714.48 \$52.92 <i>increase ▲</i>
UT CARE Medical*	\$0 <i>no change</i>	\$335.94 <i>no change thru 12/31/25</i>	\$351.36 <i>no change thru 12/31/25</i>	\$661.56 <i>no change thru 12/31/25</i>
UT SELECT Dental	\$28.52 <i>no change</i>	\$54.14 <i>no change</i>	\$59.66 <i>no change</i>	\$84.84 <i>no change</i>
UT SELECT Dental Plus	\$61.40 <i>no change</i>	\$116.60 <i>no change</i>	\$128.66 <i>no change</i>	\$183.30 <i>no change</i>
DeltaCare Dental HMO	\$8.71 <i>no change</i>	\$16.56 <i>no change</i>	\$18.31 <i>no change</i>	\$26.14 <i>no change</i>
Superior Vision	\$5.02 <i>no change</i>	\$7.90 <i>no change</i>	\$8.10 <i>no change</i>	\$12.84 <i>no change</i>
Superior Vision Plus	\$7.64 <i>no change</i>	\$11.98 <i>no change</i>	\$12.82 <i>no change</i>	\$18.10 <i>no change</i>

LIFE**	Voluntary Life Insurance* Voluntary Life Requires Evidence of Insurability (EOI)
Tobacco Premium Program \$0 to \$90 per month based upon tobacco user status	

* Rates may change on January 1, 2026 and will be communicated during the November 2025 UT CARE enrollment period.

** Age based premiums may change depending on your age as of September 1, 2025. Basic Coverage package includes medical, prescription, \$10K Basic Life for retirees.



Annual Enrollment
utbenefits.link/AE