

## **UT** SELECT

**WEARE** WITH YOU **IN YOUR** FIGHT **AGAINST** CANCER



### **Getting a cancer** diagnosis is never easy, but we are here to help.

The Cancer Services and Support program is available to you at no additional cost through your health plan with Blue Cross and Blue Shield of Texas. This program gives you the tools, resources and expertise to help you before, during and after cancer treatment.

### We provide these services for you and your family:

### **Cancer Services and Support Hub**

The new personalized Hub features your benefits information, cancer support resources, connect to care options and more — all in one place.

### **Expert Review and Support**

You can ask to have a cancer expert review your case. This specialist will keep in touch with your doctor to discuss your treatment plan and possible clinical trials. If you have a rare or complex cancer, your case will automatically be sent for expert review.<sup>1</sup>

### **Mental Health Support**

Dealing with cancer isn't just a medical issue, it can have a big impact on your and your loved ones' mental health. Your UT SELECT Concierge can connect you with a wide range of easy to access mental health benefits to help you work through the challenges.

1. Check your Summary of Benefits or Health Plan to determine if you have this benefit.



# Your UT SELECT Concierge and cancer care nurses are here with you throughout your journey.

### Diagnosis

- Help figure out what you need
- Share information on support programs
- Explain your benefits
- Plan next steps

### **Treatment Decision**

- Prepare you for medical visits
- Provide education on treatments
- Guide you on important issues (like fertility preservation)
- Refer you for a second opinion or provide information on clinical trial, if needed

### **Active Treatment**

- Provide clinical and emotional support
- Share details on possible side effects of treatments
- Aid with any medication concerns

### **Post Treatment**

- Support you in understanding your post treatment plan
- Remind you to schedule your follow-up care
- Offer ongoing education



### Contact BCBSTX so we can help you get the care you need.

It's important to reach out to us as soon as you get a cancer diagnosis. A personal UT SELECT Concierge is part of your plan. Contact them 24/7 for your health and benefit needs. Just call **866-882-2034**.