



**BlueCross BlueShield**  
of Texas

**UT SELECT**

Our  
focus is  
**YOU.**

**MORE  
EXPLORING,  
LESS  
SEARCHING  
FOR ANSWERS**

## Meet your guide to better health.

As a special benefit, you have access to a UT SELECT Concierge — at no added cost to you.

Your UT SELECT Concierge works with and for you — to remove barriers and cut through red tape in the health care system, so you and your family can get the care you need. Our goal is to make your health care journey a smooth trip.

### UT SELECT Concierges can help:

- Guide you through a new diagnosis
- Find a doctor or specialist and get you an appointment
- Connect with mental health experts to manage stress, depression, autism, substance misuse or other mental health issues
- Answer benefit questions or solve a problem with a claim or a bill





A personal UT SELECT Concierge  
is part of your plan!

Contact them 24/7 for your health and  
benefit needs:



**Call 866-882-2034**



**Live Chat - Log in to  
[bcbstx.com/ut](https://bcbstx.com/ut)**



**Scan this QR code to visit  
[bcbstx.com/ut](https://bcbstx.com/ut).**

Call 911 for medical emergencies. UT SELECT Concierges do not give medical advice or take the place of a doctor's care. Talk to your doctor or health care professional about any health questions or concerns.

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