



pride at ovia

Because we ❤️ love

Ovia Health™ provides personalized LGBTQ+ support throughout your journey to parenthood. Whether you opt for adoption, surrogacy, or other paths, our health coaches are here to answer all of your questions and provide any guidance you might need.

With Ovia Health, you'll have access to:

- Unlimited inclusive support via Ovia Health's in-house health coaches
- Adoption resources
- Surrogacy support
- Personalized content based on your unique goals
- Parental wellbeing and mental health support

Ovia™ Parenting supports single parents, co-parents, and multiple caregivers with shared accounts and so that everyone can stay involved.

Ovia® and Ovia Parenting are available to you at no cost.

Download the Ovia Health app that's right for you, indicate that you have Ovia Health as a benefit, and enter your health plan (required) and employer (optional) for full access to your health benefits!



www.oviahealth.com

oviahealth™