

Your new heart health program.

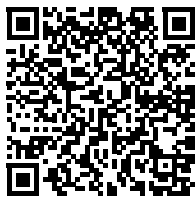
UT System has partnered with Hello Heart to support your heart health. This exclusive benefit is fully covered and includes:

- ✓ No-cost blood pressure and heart rate monitor
- ✓ Heart health tracking app
- ✓ Personalized feedback & digital coaching
- ✓ Secure, detailed reports
- ✓ Activity, medication, & cholesterol tracking

Who's eligible to enroll?

Eligible members include employees and adult dependents (18+) who are covered by a UT SELECT medical plan and meet at least one of the following criteria:

- Have blood pressure readings of 130/80 mmHg or higher, or
- Take blood pressure medication



Coming soon on 9/1/2026.

Sign up to be notified when Hello Heart becomes available to you.



Real results, real fast—50% of Hello Heart members with high blood pressure saw improvements in just two weeks.

Hello Heart is not a substitute for a licensed medical professional. Talk to your doctor to make sure you are diagnosed and treated properly.

Need help? ✉ support@helloheart.com 📞 (800) 767-3471 Monday-Friday, 8am-8pm ET