

How to Log In to My UT Benefits for Retirees

IMPORTANT! If you don't want to make any changes, YOU DO NOT NEED TO TAKE ANY ACTION.

All retirees: Go to <https://utbenefits.link/manage>

Managing your UT Benefits



- Employee Benefits
- Your UT Benefits
- Insurance
 - Active Employee Insurance
 - Retired Employee Insurance
- UT CONNECT Medical
- UT Health Network
- Premium Rates
- COBRA Coverage
- Annual Enrollment
- Enrolling & Making Changes
- Managing your UT Benefits

PLEASE NOTE: For the best experience using *My UT Benefits*, we recommend using an up-to-date version of Google Chrome, Safari, Microsoft Edge, or Firefox. [Click here](#) to learn more about supported browsers. You can also use the mobile app for convenient access from your phone (see details below).

For login issues or technical assistance with the *My UT Benefits* site, please call (844) 870-0044.

For questions about eligibility or available benefit options, please [contact your institution HR or Benefits Office](#) for assistance.

Login Options for *My UT Benefits*

All UT Institutions

(except UT Austin)

Active Employee Login

Retired Employee Login

UT Austin

(only)

UT Austin Active & Retired Employee Login

NON-AUSTIN RETIREES

Select this button

Retired Employee Login

To arrive at the login screen:

Welcome to My UT Benefits!

Please log in to your account below.

Username

[Forgot username](#)

Password

[Reset password](#)

Log in

[Can't access your account?](#)

Supported Browsers
[Learn about Officially Supported Browsers](#)

Log in with your username and password.

Your username is sent to you each annual enrollment and will be sent to you for the November UT CARE enrollment from the Office of Employee Benefits. It is a CAMPUS PREFIX (below) +your employee ID.

Campus	Abbreviation
UT Arlington	UTARL
UT Dallas	UTD
UT El Paso	UTEP
UT Health Houston	UTHSCH
UT Health San Antonio	UTHSCSA
UT HSC Tyler	UTHCT
UT MDA	UTMDACCH

Campus	Abbreviation
UT Medical Branch at Galveston	UTMBG
UT Permian Basin	UTPB
UT Rio Grande Valley	UTRGV
UT San Antonio	UTSA
UT Southwestern	UTSW
UT System Admin	UTSADMIN
UT Tyler	UTT

Your password

If you have previously logged into My UT Benefits, please use your updated personal password.

If you've never logged in to My UT Benefits or you've never changed your password, the default password is Last name (first letter capitalized) + last 4 digits of your social security number.

Example: Smith1234

If you don't remember your password, you can click on the " Can't access your account?" link below the login area.

At any point, for technical assistance with login or site navigation, please call My UT Benefits Support at 1 (844) 870-0044 (Available M-F, 8am – 5pm CST).

UT AUSTIN RETIREES

Select this button

UT Austin

(only)

UT Austin Active & Retired Employee Login

That will take you to the following screen where you will select "The University of Texas at Austin" from the drop-down menu.

The screenshot shows the 'My UT Benefits' login interface. At the top, it says 'THE UNIVERSITY of TEXAS SYSTEM' and 'THE OFFICE of EMPLOYEE BENEFITS My UT Benefits'. Below this is a dark blue header with the text 'Select your home institution'. The main content area has a message: 'My UT Benefits requires that you authenticate with your home institution. Please either select it from the list below, then click 'Select', or you may use the search-as-you-type feature by typing a partial name into the search box below, then clicking 'Search'.' There is a warning: 'Please do not create a bookmark or favorite in your web browser on this page. This page is not part of the application you are accessing. You may create a bookmark/favorite after you complete the authentication process.' Below this is a search box labeled 'Enter organization name (partials ok):' with a 'Search' button. Underneath is a section 'Or choose from a list:' with a dropdown menu. The dropdown menu is open, showing a list of institutions: 'The University of Texas at Arlington', 'The University of Texas at Austin' (highlighted in blue), 'The University of Texas at Dallas', 'The University of Texas at El Paso', 'The University of Texas at San Antonio', 'The University of Texas at Tyler', 'The University of Texas Health Science Center at Houston', and 'The University of Texas Health Science Center at San Antonio'. To the right of the dropdown is a 'Select' button and a 'Remember for session' checkbox. At the bottom right, there is a 'Need assistance?' link and another dropdown menu with 'University of Texas at Arlington' selected and a 'Select' button.

Log in

Once you are taken to this page (below), you will log in using your EID and password. Your EID is listed on your retiree billing statement.

Sign in with your UT EID

UT EID

Password

SIGN IN

I forgot my UT EID or password.
I have a temporary password.
I need a UT EID.
[Help](#)

You can also get help with your UT EID and password with the help links under the “Sign In” button.

All Retirees

Once you’ve successfully logged in

You’ll see the page below where you’ll click **Enroll Now** on the upper right portion of the page.

The screenshot shows the My UT Benefits portal homepage. At the top is a dark blue navigation bar with links for HOME, INSURANCE, RETIREMENT, WELLNESS, RESOURCES, and FORMS & PUBLICATIONS, along with a search icon. Below the navigation bar is a 'QuickLinks' sidebar on the left with links for Annual Enrollment Resources, Employee Enrollment Guide, Retiree Enrollment Guide, Premium Rates, Video Library, and Who to Contact. The main content area features a 'Welcome' message with a text box that says: 'To review your current benefit elections or make new elections, please click on the image below or click the “Enroll Now” button in the upper right corner of this page.' To the right of this message is a blue button labeled 'ENROLL NOW', which is highlighted with a red rectangular box. Below the 'ENROLL NOW' button is contact information: 'For questions or assistance with My UT Benefits, please call: (844) 870-0044 (Available M-F 8 AM - 5 PM CT)'. Further down are three more blue buttons: 'NEW HIRE INFO', 'STATUS CHANGE INFO', and 'GETTING READY TO RETIRE'. At the bottom left is a banner for 'ANNUAL ENROLLMENT JULY 15-31' featuring a smiling woman at a laptop.

Get Started

You'll be taken to the enrollment start page which looks similar to the screen below.

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The screenshot shows a user interface for "My UT Benefits". At the top, there is a heading "Welcome to My UT Benefits!". Below this, a paragraph explains that users can change benefit elections and add, update, or remove eligible dependents during the Annual Enrollment period (July 15 - July 31) for a September 1 effective date. A "Show more" link is present. A prominent blue button labeled "Get Started >" is centered below the text. At the bottom of the page, there is a "Welcome back" message on the left. On the right, there are two summary cards: one for "15 ACTIVE BENEFITS" with a "View benefits" link, and another for "1 TO DO ITEMS" with a "View to do list" link.

From there, you may follow the workflow to complete your changes. Be sure to save your changes and complete your enrollment before exiting the system.

FOR TECHNICAL ASSISTANCE WITH LOGIN OR SITE NAVIGATION, PLEASE CALL **MY UT BENEFITS SUPPORT AT 1 (844) 870-0044**, (Available M-F, 8am – 5pm CST).